

# BOWEN MOUNTAIN BIRD WALK



Rose Robin – taken by  
Eric Finley

Families and friends are warmly invited to join us on an inspiring and informative Bird Walk to observe birds in their natural habitat on one of the many picturesque Bowen Mountain bush trails.

Eric Finley and Lance Mitchell will lead the walk. Both Lance and Eric are local residents with a life-long interest in wildlife, particularly birds. Eric has been bird watching in the Hawkesbury since the 1980s, recording over 250 species in the Hawkesbury alone. Lance knows the Bowen Mountain bush trails "like the back of his hand." He is a keen bushwalker and photographer.

**DATE:** Sunday 24<sup>TH</sup> MAY 2026

**TIME:** 8.00 am start

**WHERE:** Meet Bowen Mountain Park Hall.

**WHAT TO BRING:** good pair of walking shoes, long pants, insect repellent, salt for leeches, water bottle, hat, binoculars (optional but helpful). Hiking sticks or poles if you wish.

**Note:** A reasonable level of fitness- enough to walk 2 or 3 kms on bush trails is required.

After the walk enjoy a Q & A session in the Park with morning tea provided.